

KS5 – PSHE Schedule 2020-21

An extensive PSHE curriculum is offered at St Bernard’s with planned, differentiated lessons that are delivered by form tutors. There are a range of external speakers who are invited into school and these sessions either take place in forms or as a year group with the form tutor and the Head of Year being present.

Due to Covid 19, lessons are now three hours long and we are unable to invite external speakers into the school to deliver specific topics. Where appropriate, some of these sessions have been delivered remotely, but for some topics, this would not be appropriate due to the nature of the content. If the school can invite external speakers to school in the summer term, this will be arranged.

The school is still able to offer a wide range of topics from the PSHE curriculum and there has been an emphasis at the start of the year on student wellbeing due to lockdown.

Date	Year 12	Year 13
13 October 2020	<i>Mentoring/Wellbeing</i>	<i>UCAS & Personal Statements</i>
1 December 2020	<i>Young People & Gambling Related Harm online workshop (Ros Allen, Gamcare) – Form Tutors to deliver 9.15-10.15am</i> <i>Mentoring and own study</i>	<i>Sexism & Misogyny (in forms)</i> <i>Mentoring and own study</i>
26 January 2021	<i>Self defence</i> <i>Careers / Mentoring</i>	<i>Revision skills and techniques</i> <i>Creating revision timetables</i> <i>Mentoring and own study</i>
16 March 2021	<i>How Are You? – Theatre Online Ltd. – promoting resilience and wellbeing in young people</i> <i>Census lesson</i> <i>Mentoring</i>	<i>What to expect from examination results this year – Mrs O’Brien, Assistant Head Teacher</i> <i>Census lesson</i> <i>Mentoring</i>
11 May 2021	<i>Personal Statements</i>	<i>Final Preparation for Leavers’ Assembly in form rooms</i>
29 June 2021	<i>UCAS applications and Person Statements</i>	<i>Year 13 no longer in school</i>